

## PREAMBLE

The crew member, who has indications that his medical fitness may be restricted, has the obligation to request a medical examination in accordance with Article 18, Paragraph 7 of the law of December 7th 2022, on the recognition of professional qualifications in the area of inland navigation, amending the amended law of July 28th 1973 creating a navigation service.

If the crew member turns out to be of limited medical fitness or unfit, he must immediately bring medical evidence to the Minister and give him his qualification certificate, so that the Minister can enter the risk reduction and restrictions it imposes.

If a new unrestricted medical fitness certificate is presented by the crew member, the Minister shall remove the risk reduction measures and restrictions from the qualification certificate.

## STATEMENT

I, the undersigned ....., declare that I have been fully informed and that I understand that I cannot use the privileges of my license, when:

1. I am aware that I might have a medical condition which would result in restricted ability,
2. I am taking medication prescribed or on my own initiative, which may have an influence on the exercise of my activity in complete safety,
3. I am receiving medical treatment or have had a surgical intervention with a possible influence on the exercise of my activity in complete safety.

I request a medical examination from an approved doctor before resuming my professional activity, when:

1. I was hospitalized for a surgical problem or an invasive treatment,
2. I started treatment for a chronic illness,
3. I had an accident with sequelae that do not allow me to carry out my duties in complete safety,
4. I have a health problem that does not allow me to perform my duties safely, such as:
  - a. Cardiovascular problems (high blood pressure, heart attack, coronary heart disease, angina pectoris, arrhythmias, ischemic stroke, arterial problems, thrombophlebitis, pacemakers, etc.)
  - b. Respiratory problems (asthma, pneumothorax, chronic bronchitis, etc.)
  - c. Insulin-dependent or non-insulin-dependent diabetes
  - d. Infectious diseases (tuberculosis, hepatitis, etc.)

- e.** Mental disorders (schizophrenia, bipolar disorders, etc.) or mood disorders (depression), alcohol abuse, taking drugs or psychoactive medications (amphetamines, etc.)
- f.** Diseases of the nervous system (epilepsy, sleep apnea, narcolepsy, migraine, multiple sclerosis, dementia, syncope or impaired consciousness, intracranial operation, head trauma, etc.)
- g.** Cancer
- h.** Blood diseases (anemia, clotting problems)
- i.** Dizziness (Menière's disease)
- j.** Diseases of the genitourinary system (nephritis, nephropathy requiring dialysis, recurrent urinary lithiasis, etc.)
- k.** Prostheses of any kind
- l.** Organ transplants

Luxemburg, the .....

Last name .....

First name .....

<b>Signature</b>
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